

# SENIORS ACTIVITIES GROUP MINUTES

3/15/2023

1. 68 in attendance. Thanked Sally Smiley, Cathy Rockford, Linda Perhacs, & Rita Slava for hosting today's meeting.
2. Mary Ann Russell collected donated gently read books or jigsaw puzzles for Riverside Nursing Facility
3. Thanked Sampson Mills Presbyterian Church for donating the podium for the day
4. Day Tours –Karen Chapman & Donna Isbir
  - a. 4/23/23 Sunday at Palace Theater – Lunch at Ferranti's Lakeview & 3 PM oldies show: Jaggerz, Vogues, Skyliners, Marcells, New Pure Gold
    1. Depart 11:15 CHANGED to BORO BUILDING
  - b. 6/29/23 Thursday at Cleveland Hall of Rock 'n Roll Hall of Fame
    1. Depart 7 am from Community Center
    2. Lunch at casino
    3. After lunch options to stay at casino or Science Center or Steamship tour
    4. Registration forms at boro building, woboro.com, WO seniors facebook, or emailed.
  - c. 9/19/23 Tuesday in Berlin OH
    1. Family style lunch at 11:30
    2. Ohio Star Theater to see "Soldier Boy" at 1:00
  - d. Possible Oktoberfest at Penn Brewery & Heinz History Center on 11/2/2023
  - e. Possible Holiday Pops at Heinz Hall on Sunday 12/17/23 with lunch at La Mont
5. April schedule
  - a. Yoga – Mondays & Wednesdays at 11am
  - b. Coffee hours Thursdays April 6 & 20 at 9:30 am – The Archers to host April 6 but NEED HOST for April 20
  - c. Monthly meeting & speaker – Wednesday, April 12 @ 1:00 pm – Cheryl Cook to host
    1. Mark Sargent – Chief of WO police; Senior self defense & demonstration
6. May schedule
  - a. Yoga – Mondays & Wednesdays
  - b. Coffee hour – TBD
  - c. Monthly meeting TBD 5/10 or 17– Brian Arndt (Athletic Explosion) – Blood pressure control
  - d. Health Fair - Saturday May 6; 10 am – 2 pm – Chairperson Sue Orner
7. Speaker Joe Hoffman – Coordinator of the McKeesport 23 Viet Nam War Veteran's Association. Rededication of the monument on May 13 at McKeesport Heritage Center